

# Cyber Defenders 101

Free  **Cybersecurity  
Fundamentals Fast-Track  
Online Training**



## **?** What?

A campaign to endorse and expand cybersecurity skills through complementary training

## **?** Why?

The need to address a worldwide Cybersecurity skills gap of **3.4 Million Professionals**

## **🎯** Our Mission

Training **1 Million Professionals** in Cybersecurity Skills by **2027**

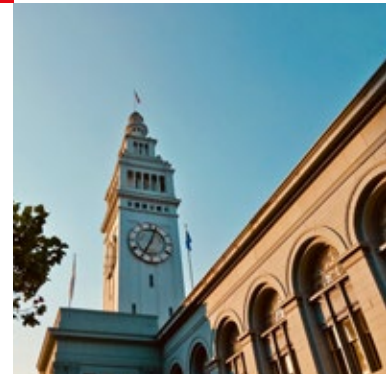
## Who Can Benefit?



**Freshers** exploring cybersecurity as a career



**Instructors** looking to enhance their knowledge and add value



**Institutions** aiming to train students or hire a cybersecurity educator

## Course Highlights



### Upskill for FREE

At InfosecTrain, we are committed to making the internet a safer place for all. That's why we're thrilled to introduce our groundbreaking FREE training initiative with a bold mission.



### Expert Guidance

Industry experts not only train you on the essentials of cybersecurity but also give career guidance and provide valuable insights into the job opportunities in this field.



### Train the Trainer

By training educators, we create a ripple effect that ensures students across the educational spectrum receive essential cybersecurity knowledge.



# Course Content

## Module 1

### Cybersecurity Foundations

#### 1.1 What is Information Security?

- ✓ Data vs Information vs Security
- ✓ Why cybersecurity matters today
- ✓ Real-world breach examples (non-technical explanation)

#### 1.2 Information Security vs Cybersecurity

- ✓ Scope differences
- ✓ Where both overlap in modern systems

#### 1.3 Security Controls

- ✓ Administrative
- ✓ Technical
- ✓ Physical
- ✓ Preventive, Detective, Corrective, Deterrent

#### 1.4 CIA Triad

- ✓ Confidentiality, Integrity, Availability
- ✓ Importance of CIA Triad

#### 1.5 Modern Security Models

- ✓ Basics of **Zero Trust**
- ✓ Defense-in-depth

## Module 2

### Network Security Essentials

#### 2.1 Understanding Network Security

- ✓ Attack surface (ports, services, protocols)
- ✓ Common network attacks: scanning, sniffing, spoofing

#### 2.2 IDS, IPS, Firewalls & Honeypots

- ✓ How IDS detects
- ✓ How IPS prevents
- ✓ Firewall filtering basics
- ✓ Honeypot and deception

#### 2.3 Vulnerability Assessment

- ✓ Vulnerability vs threat vs exploit
- ✓ Types of scanning (port, service, OS detection)

#### 2.4 Practical Topics

- ✓ Nmap scanning

## Module 3

### Modern Threat Landscape

#### 3.1 Types of Cyber Threats

- ✓ Malware (basic types)
- ✓ Ransomware
- ✓ Phishing & Social Engineering
- ✓ Insider threats

#### 3.2 Basic Defense Strategies

- ✓ Email hygiene
- ✓ Secure browsing
- ✓ Using MFA
- ✓ Patch updates



## Module 4

### Web Application Security

#### 4.1 HTTP/HTTPS Basics

- ✓ Request, response, cookies, sessions

#### 4.2 Web Application Architecture

- ✓ Client Server Database
- ✓ Where vulnerabilities appear

#### 4.3 Common Web Attacks

- ✓ Injection (SQLi, command injection)
- ✓ Authentication issues
- ✓ Broken access control
- ✓ Cross-site scripting basics

#### 4.4 Practical Topic

- ✓ Exploiting basic web vulnerabilities

## Module 5

### Mobile Security

#### 5.1 Mobile Platform Basics

- ✓ Android vs iOS structure
- ✓ App permissions

#### 5.2 Key Mobile Threats

- ✓ Rogue apps
- ✓ Insecure storage
- ✓ Weak authentication

#### 5.3 Rooting, Jailbreaking, Bricking

- ✓ Why attackers do it
- ✓ Security risks

#### 5.5 Practical Topic

- ✓ Simple Android exploitation demo

## Module 6

### Cloud Security Essentials

#### 6.1 Introduction to Cloud Computing

- ✓ Key characteristics (on-demand, elasticity, shared responsibility)
- ✓ Why organizations move to cloud

#### 6.2 Cloud Service Models

- ✓ IaaS
- ✓ PaaS
- ✓ SaaS

#### 6.3 Deployment Models

- ✓ Public
- ✓ Private
- ✓ Hybrid
- ✓ Multi-cloud

#### 6.4 Threats to Cloud Environments

- ✓ Misconfigurations
- ✓ Weak IAM
- ✓ Data exposure

#### 6.5 Cloud Security Best Practices

- ✓ Encryption
- ✓ Logging/monitoring
- ✓ Network segmentation

## Module 7

### AI & Cybersecurity Fundamentals

#### 7.1 Why AI Matters in Cybersecurity Today

- ✓ Understanding AI
- ✓ Automation of attacks
- ✓ Use of AI for defense

#### 7.2 AI Basic Concepts

- ✓ Machine learning vs deep learning
- ✓ Data → Model → Prediction flow

#### 7.3 AI in Cyber Defense

- ✓ AI for log analysis
- ✓ AI for phishing detection
- ✓ AI for malware classification

#### 7.4 Risks of AI in Security

- ✓ Deepfakes
- ✓ AI-driven phishing

## Module 8

### Data Security, Risk & Compliance

#### 8.1 Importance of Data Security

- ✓ Why organisations classify data
- ✓ Breach impact

#### 8.2 Data Classification

- ✓ Public, internal, confidential, restricted

#### 8.3 Data Backup & Recovery

- ✓ Backup types
- ✓ RPO & RTO simplified

#### 8.4 Introduction to Risk Management

- ✓ Risk = threat × vulnerability × impact
- ✓ Risk analysis basics
- ✓ Treatment strategies

#### 8.5 Compliance & Ethics

- ✓ Basics of GDPR, HIPAA, PCI-DSS, ISO 27001
- ✓ Cyber ethics and responsible behaviour

#### End-of-Course Wrap-Up

- ✓ Recap of defenses
- ✓ Where to go next



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